

womenspace

END THE SILENCE

SURVIVOR SUPPORT GROUPS

Intimate Partner Violence Education and Support Groups

**Monday, 5:30 to 7:30 PM and
Tuesday, Noon to 2:00 PM
Wednesday, 5:30 to 7:30 PM**

This Female-Identified process group offers survivors of Intimate Partner Violence (IPV) on-going support and education in a safe non-judgmental setting. An evolving curriculum provides clients with an understanding of the dynamics of IPV, safety planning, relationship red flags, healthy relationships, PTSD, self-care and self-empowerment.

Grupo De Apoyo (en español)

**Tuesday, Noon to 2:00 PM
Thursday, 5:00 PM to 7:00 PM**

Este grupo se ofrece a sobrevivientes de violencia doméstica. El grupo incorpora la educación de la violencia doméstica con consejería entre compañeras y le provee a las sobrevivientes que hablan español un espacio cultural y seguro para que encuentren empoderamiento y sanación. Para obtener más información, póngase en contacto con Womenspace en 541-485-8232. No es necesario reservar un espacio, pero es importante que se comunique con una de las facilitadoras en su primer día.

This group is offered to Spanish-speaking survivors of Intimate Partner Violence. The group incorporates domestic violence education with peer counseling and provides Spanish-speaking survivors with a culturally and linguistically safe space to seek healing and empowerment.

Parenting in Crisis Class **Tuesday, 5:00 to 7:00 PM**

This is a series of seven classes centered on mom- child activities in a learning group setting. This series aims to educate parents on the effects of domestic violence on children, how to talk to children about violence in the home, how to safety plan, and how to develop tools for parenting in the wake of trauma.

Men's Support Group and Intimate Partner Violence Education **Friday, 2:00 to 4:00 PM**

This group, geared specifically towards Male-Identified survivors of Intimate Partner Violence (IPV), is on-going support and education in a safe non-judgmental setting. An evolving curriculum provides clients with an understanding of the dynamics of IPV, safety planning, relationship red flags, healthy relationships, PTSD, self-care and self-empowerment.

For more information, please contact Womenspace at 541-485-8232. 1577 Pearl St. Eugene, OR 97401